

...EVERYDAY ADVENTURE



District Expedition to Lochearnhead 26th July – 9th August 2014

Hopefully you have now heard about our amazing expedition to Scotland next Summer!

Here is some more detailed information about the expedition and the booking form.

About the expedition

During the two weeks, Scouts and Explorers will rotate round a variety of activities – either trying them for the first time or developing skills in activities they've tried before.

Activities will include a mixture of climbing, hiking, sailing, mountain biking, canoeing / kayaking, archery, orienteering, shelter building, white water rafting, bushcraft and a Go Ape high ropes course. Participants will have a degree of choice over some of the activities.

Depending on age and ability, at least one night will be spent on an overnight expedition, carrying all the kit needed for a night in the Scottish hills. A "bushcraft-style" overnight stay at another campsite may also be possible.

Additionally there may be an opportunity to visit a Highland Games or one of the local towns/cities for the day.

Accommodation and catering

Whilst we're away, everyone sleeps in cabins (around 18 Scouts/Explorers to a room, split between two shelf bunk beds) or tents. Each Scout/Explorer will need their sleeping bag.

Food for up to 90 hungry, active Scouts/Explorers and leaders will be provided by a catering team each day – including a gala dinner with haggis on one evening.

About Lochearnhead Scout Station

Lochearnhead is a converted railway station that is situated about 30 miles north of Stirling, which features bunk accommodation for up to 90 people and access to the finest walking country in central Scotland. Within five miles of the Station there are more than 120 hills that are over 600 metres. The area surrounding Lochearnhead can provide both an introduction to the hills for the beginner and a serious challenge to the experienced walker, which makes Lochearnhead an ideal location for activities for all ages.

The views over Loch Earn give a tantalising glimpse of water based activities such as sailing and canoeing. Nearby is a Sustrans national cycle route that follows the upper railway line from Calendar through to Killin and beyond. It climbs through Glen Ogle giving superb views to Ben Vorlich before the hair-raising descent to Killin.

Hemel Hempstead District Scouts

District Commissioner : 110 Poynders Hill, Hemel Hempstead, Hertfordshire, HP2 4PN

Tel: 07790 296378 **Email:** dc@hemel-scouts.co.uk **Web:** www.hemel-scouts.co.uk **Registered Charity Number** 302536

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The organising team

The team for this expedition comes from all parts of our district and many of our team have lots of experience at Lochearnhead and similar activities elsewhere in the country.

Stationmaster (expedition leader) Richard Hirons
Deputy Stationmaster Frank Monnington

They will be joined by a number of scout and explorer leaders from other groups/units in Hemel Hempstead and advised by the activities team at Hertfordshire Scouts. Adults running adventurous activities (climbing, sailing, hillwalking etc) will all have been trained and assessed under the Scout Association's adventurous activities permit scheme. Some activities may be run by an appropriate third party provider in line with the Association's rules.

Adults will be in various teams, according to their skills and experience to support activities, first aid, welfare, catering and transport etc.

Expedition costs

The cost of the expedition is £450 per Scout, Explorer or Network member – starting with a £50 deposit to reserve your place. There are three ways in which you can pay the balance:

- A payment of £400 by 31st October (plus the £50 deposit)
- Four installments of £100 by 31st December, 28th February, 30th April and 30th June
- Monthly installments of £50 starting with a deposit by 31st October and then by the end of each month until 30th June.

To assist with the administration of payments, post-dated cheques would be preferred.

To help with the cost of the Expedition Hemel Hempstead District Scouts have already subsidised the activity by £2,000 to make it accessible to as many of our young people and adults as possible.

To help further with the costs of the expedition we may run some fundraising events where the money raised is deducted from the fees of those who support the fundraising event.

Help is also available to enable participation (up to £200 per person) - for more information contact Russ Dyble in confidence: 07790 296378 or dc@hemel-scouts.co.uk

The pre-expedition experience

As with all Scouting expeditions it is important that our young people and leaders have the opportunity to work together before we go. To ensure there are the opportunities for this we will be some pre-expedition training events (all included within the price):

- A training day where everyone meets each other and has advice on kit etc
- A training camp for everyone to get to know each other
- Session(s) at Bury Lake to introduce everyone to sailing

We will also hold a final briefing for participants and parents just before we depart.

DON'T MISS OUT - SIGN UP BY 31ST OCTOBER!

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Tel: 07790 296378 Email: dc@hemel-scouts.co.uk Web: www.hemel-scouts.co.uk Registered Charity Number 302536

District Expedition to Lochearnhead – July/August 2014

I would like to book a place on the district expedition to Lochearnhead as a Scout, Explorer or Network.

Full Name (inc. middle names) _____

Known as name (if different): _____

Address _____

Postcode _____ Date of Birth _____

I am a: Scout Explorer Scout Network (please circle)

Scout Troop/Explorer/Network Unit _____

Parent's Email _____

Scout/Explorer/Network's Email: _____

Home phone number: _____

Parent's Mobile 1: _____ Parent's Mobile 2: _____

I enclose: a deposit of £50 full payment of £450 (delete as appropriate)

I would like to pay for this trip: Tick as appropriate
Monthly (£50 per month) _____
Half-termly (£100 at the end of Dec. Feb. Apr and June) _____
Full payment – (to be enclosed with this form) _____

Please enclose post-dated cheques with your application form, either:

- *Four installments of £100 by 31st December, 28th February, 30th April and 30th June*
- *Monthly installments of £50 starting with a deposit by 31st October and then by the end of each month until 30th June.*

(cheques payable to “HHDS – Lochearnhead”)

I understand that my deposit will become non-refundable as soon as I am notified that I have a place on this expedition.

Parent's Name _____ Parent's signature _____

Your need to get your Scout/Explorer Scout Leader to approve your application.

Scout/Explorer Leader's signature _____

**Please return this form to the Expedition Administrator, Maureen Shelley
C/o 1 Crossfell Rd. Hemel Hempstead, HP3 8RB by 31st October**