



<u>Climbing weekend – Explorers, Network and Adults</u>

Dear all

Hemel Hempstead district will be running a weekend of climbing in the Peak District leaving Phasels car park at 7pm on Friday evening 24th April 2015, we will stop for food on route for those who have not eaten, and returning Sunday late afternoon approximately 6pm on 26th April.

This is a chance to climb on natural rock in some of the best climbing location in the country with some stunning views and is aimed at those who have climbed on artificial walls and wishes to push themselves to the next level, as well as climbing leaders who wish to learn how to set up systems in natural locations.

The climbing session will be run by qualified scout climbing instructors.

Explorers will be taught all the skill needed over the weekend to get the most out of the weekend.

For those of you already with these skills it's a chance to improve and practice.

Accommodation is in a local scout hut (Fulwood Sheffield). This is very basic and will involve sleeping on the floor so bring along a thermarest or roll matt, sleeping bag and a pillow. There is a kitchen, toilets and a shower.

Full Cooked breakfast will be supplied on Saturday and Sunday mornings. Evening meal will be from the local chip shop and is included in the price of the weekend. You will need to bring along your own packed lunches for the two days and any snacks.

Cost: £70 cheques made out to Hemel Hempstead Scouts

Kit List

2 x packed lunches, sweets drinks etc for the evening (Tesco 5 minutes away if required)

Flask

Sleeping bag

Clothes to sleep in

Roll mat

Hemel Hempstead District Scouts

DC: Russ Dyble, 110 Poynders Hill Hemel Hempstead Hertfordshire HP2 4PN
Tel: 0844 414 2318 Mob: 07790 296378 Email: dc@hemel-scouts.co.uk Web: www.hemel-scouts.co.uk
Registered Charity Number 302536





Wash kit/ towel

Waterproofs

Clothes to climb in T shirt, fleece they will get dirty

Clothes for the evening

Walking boots to walk to the rocks & trainers or climbing shoes to climb in.

Any personal climbing kit you have

Please keep kit to two small rucksack as there is limited space on the bus.

One rucksack to be used to take lunch, waterproof & kit to the rock face.

Places on this trip are strictly limited and will be offered on a first come/first served basis. Any surplus or defecit for funds will be added to or taken from district accounts as required. For general enquiries please contact Chris Tems, ADC (Activities) on 07867673798 or via email at ctems@hotmail.com.

To book a place please either return the PC form attached to The Administrator, 6 Rymill Close, Bovingdon, Herts, HP3 0JA or booking on line www.hemel-scouts.co.uk.