

**NIMROD 2023**

**KIT LIST**

**Team Camping Kit**

* Tents
* Cooking kit, utensils and washing up kit, to cook breakfast (sausage, egg and bread) for your team, your leader + 1 judge. Please note that food will be supplied, teams do not need to bring their food. Gas should be stored outside of tents.

**Team Hike Kit**

* Compasses x2
* Group first aid kit
* Pencils/pens for marking maps
* 1 OS Map Explorer 182 St Albans & Hatfield though you will be given a map sheet
* Reflective Jacket for all team members (to be worn throughout hike)
* Map Cases

**Personal Kit**

* Full Uniform (to be worn on arrival and on the Sunday)
* Sleeping bag
* Roll mat
* Eat kit (plate, bowl, knife, fork spoon)
* 2 tops
* 2 pairs of trousers (no denim) or a pair of shorts if weather looks hopeful
* 2 warm jumpers/fleeces
* Socks (including walking socks)
* Pyjamas
* Wash Kit / lipsalve if required / sun-tan lotion if required
* Underwear

**Personal Hike Kit**

* Headtorch/Torch and spare batteries
* Waterproof Jacket (must be carried on hike)
* Waterproof Trousers (must be carried on hike)
* Hike boots and socks
* Day Sack/small rucksack
* Water bottles (at least 1L in total)
* Spare Jumper/fleece
* Group Scarf (to be worn throughout hike)