



## District Expedition to Lochearnhead 7/8<sup>th</sup> August – 22<sup>nd</sup> August 2020

Hopefully you have now heard about our amazing expedition to Scotland next Summer!

Here is some more detailed information about the expedition and the booking form.

#### About the expedition

During the two weeks, Scouts and Explorers will rotate round a variety of activities – either trying them for the first time or developing skills in activities they've tried before.

Activities will include a mixture of climbing, hiking, sailing, mountain biking, canoeing / kayaking, archery, orienteering, shelter building, white water rafting, bushcraft, horse riding and curling. Participants will have a degree of choice over some of the activities.

Depending on age and ability, at least one night will be spent on an overnight expedition, carrying all the kit needed for a night in the Scottish hills. An overnight canoe/kayak expedition on an Island the other side of Loch Earn is also looking likely.

Additionally there may be an opportunity to visit a Highland Games or one of the local towns/cities for the day.

#### Accommodation and catering

Whilst we're away, everyone sleeps in cabins (around 18 Scouts/Explorers to a room, split between two shelf bunk beds) or tents. Each Scout/Explorer will need their sleeping bag.

Food for up to 90 hungry, active Scouts/Explorers and leaders will be provided by a catering team each day – including a gala dinner with haggis on one evening.

#### **About Lochearnhead Scout Station**

Lochearnhead is a converted railway station that is situated about 30 miles north of Stirling, which features bunk accommodation for up to 90 people and access to the finest walking country in central Scotland. Within five miles of the Station there are more than 120 hills that are over 600 metres. The area surrounding Lochearnhead can provide both an introduction to the hills for the beginner and a serious challenge to the experienced walker, which makes Lochearnhead an ideal location for activities for all ages.

The views over Loch Earn give a tantalising glimpse of water based activities such as sailing and canoeing. Nearby is a Sustrans national cycle route that follows the upper railway line from Calendar through to Killin and beyond. It climbs through Glen Ogle giving superb views to Ben Vorlich before the hair-raising descent to Killin.

Hemel Hempstead District Scouts

# **#SkillsForLife**



#### The organising team

The team for this expedition comes from all parts of our district and many of our team have lots of experience at Lochearnhead and similar activities elsewhere in the country.

The core team is Rich Hirons, Russ Dyble & Helen Bassett who have all led a number of district expeditions for 100+ people over the past few years.

They will be joined by a number of scout and explorer leaders from other groups/units in Hemel Hempstead and advised by the activities team at Hertfordshire Scouts. Adults running adventurous activities (climbing, sailing, hillwalking etc) will all have been trained and assessed under the Scout Association's adventurous activities permit scheme. Some activities may be run by an appropriate third party provider in line with the Association's rules.

Adults will be in various teams, according to their skills and experience to support activities, first aid, welfare, catering and transport etc.

#### **Expedition costs**

The cost of the expedition is £650 per Scout, Explorer or Network member.

There are three ways in which you can pay:

- Monthly (8 x £75 and 1 x £50)
- Half-termly (£130 in Oct, Dec, Feb, Apr, June)
- Full payment (to be paid on confirmation of your place)

To assist with the admin of payments, half-termly/monthly payments will be by direct debit.

Financial help is also available to enable participation - for more information contact Russ Dyble in confidence: 07790 296378 or dc@hemel-scouts.co.uk

#### The pre-expedition experience

As with all Scouting expeditions it is important that our young people and leaders have the opportunity to work together before we go. To ensure there are the opportunities for this we will be some pre-expedition training events (all included within the price):

- A training day where everyone meets each other and has advice on kit etc
- A training camp for everyone to get to know each other

Participants will also get preferential booking for sailing and climbing sessions run by the district in Spring/Summer 2020.

We will also hold a meeting for parents at the training day and training camp, with a final briefing for participants and parents just before we depart.

#### DON'T MISS OUT - SIGN UP BY 22ND OCTOBER!





### **District Expedition to Lochearnhead – August 2020**

I would like to	book a place	on the district expedition	on to Lochearnhe	ad as a Scout, Explorer or Network.
Full Name (as	it appears o	n the passport)		
Known as nan	ne (if differen	t):		
Address				
Postcode	Date of Birth			
I am a:	Scout	Explorer Scout	Network	(please circle)
Scout Troop/E	Explorer/Netw	vork Unit		
Parent's Emai	il Address			
Scout/Explore	er/Network's E	Email:		
Home phone I	number:			
Parent's Mobile 1:		Parent's Mobile 2:		
I would like to pay for this trip: Monthly (8 x £75 and 1 x £50) Half-termly (£130 in Oct, Dec, Feb, Apr, Jun Full payment – (to be enclosed with this form			,	Tick as appropriate
Cheques paya	able to "HHD	S – Lochearnhead"		
When your pla payment time		ned, you will receive a	link by email to	set up a direct debit for your chosen
				le as soon as they are made as we activities quite a way in advance.

Parent's Name\_\_\_\_\_ Parent's signature\_\_\_\_\_

Your need to get your Scout/Explorer Scout Leader to approve your application.

Scout/Explorer Leader's signature\_\_\_\_\_

Please return this form to the Expedition Administrator, Maureen Shelley C/o 1 Crossfell Rd. Hemel Hempstead, HP3 8RB by 22<sup>nd</sup> October

Hemel Hempstead District Scouts Registered Charity Number 302536 Correspondence Address: Phasels Wood Activity Centre, Rucklers Lane, Hertfordshire, WD4 9NA District Commissioner : Russ Dyble Tel: 07790 296378 Email: dc@hemel-scouts.co.uk Web: www.hemel-scouts.co.uk